



International Workshop

Developing an Interdisciplinary and Multilingual Digital Knowledge Base on Tibetan Medical Formulas with a focus on stress-related lung/ 'wind' disorders

London, May 8-10, 2015

Venue: Cayley Room RS152, University of Westminster/ Regent Campus,
309 Regent Street, London W1B 2HW

funded by British Academy/ Leverhulme Small Research Grant/ Sino-British Fellowship Trust/ IASTAM

Convenor: Dr. Mona Schrempf, Wellcome Trust Research Fellow, University of Westminster

Friday, May 8

13:30 **Registration**

14:00 **Welcome**

- **Prof. Dr. Volker Scheid**, Principal Investigator of Wellcome Trust collaborative research project 'Beyond Tradition: Ways of Knowing and Styles of Practice in East Asian Medicines 1000 to the Present', EAST*medicine*, University of Westminster
- **Dr Mona Schrempf**, Wellcome Trust Research Fellow, 'Beyond Tradition' EAST*medicine*, University of Westminster; medical anthropologist

14:15 **Introduction** *Developing an interdisciplinary and multilingual digital knowledge base on Tibetan medical formulas – a cooperative pilot research project, its structure and aims*

- **Dr Mona Schrempf**
- **Dr Tsering Namgyal**, Qinghai University, Tibetan Medical College, visiting research fellow, Sino-British Fellowship Trust
- **Dr Epaminondas Kapetanios**, Computer and Information Scientist, Faculty of Science and Technology, University of Westminster
- **Dr Olaf Czaja**, Wellcome Trust Research Fellow, 'Beyond Tradition' EAST*medicine*, University of Westminster; historian

15:15 Tea break

15:30 *Akong Rinpoche's Contribution to Traditional Tibetan Medicine and the Tara Rokpa Database*
– **Dr Brion Sweeney**, Psychiatrist; The British Association of Traditional Tibetan Medicine; European Herbal Practitioners Association EHPA

16:00 *Materia Medica of Tibetan and Chinese Herbs compared – a pharmacopoeia for lung disorders*

- **Dr Florian Ploberger**, University of Vienna

16:30 Tea break

16:45 *Kew's Medicinal Plant Name Services: resolving confusion over the labelling of herbal medicines*

- **Bob Allkin**, Wellcome Trust research project The Medicinal Plant Name Services Initiative, Royal Botanical Gardens, Kew, London

17:15 **Round Table Discussion I:** *Creating a digital knowledge base of Tibetan medical formulas – general and structural aspects*
– Commentary and Chair: Dr. Mona Schrempf

18:15 Dinner

Saturday, May 9

***rLung* ('wind') and Stress-related Disorders in Tibetan Medicine**

9:00 *The Concept, Classification and Treatment Strategies for Healing rLung Disorders from a Tibetan Medical Perspective*
– **Dr Mingji Cuomu** (scholar and physician of TM, ERC research group 'Re-Assembling Tibetan Medicine', Austrian Academy of Sciences; Lhasa Tibetan Medical College, Tibet, PRC)

9:30 *Teaching rLung at the Tibetan Medical College in Xining – questions of diagnosis*
– **Prof Sanzhijia** (vice-dean of Tibetan Medical College, Qinghai University, Xining, Qinghai Province, PRC), translated by Dr Tsering Namgyal

10:30 Tea break

10:45 *rLung Disorder - An Example of Treating rlung in Medical Practice at the Tibetan Hospital in Xining*
– **Dr Nyima** (senior physician, Tibetan Medical Hospital, Xining, PRC), translated by Dr Tsering Namgyal

11:45 *rLung Disorders among Western Patients in the UK - medical anthropological observations*
– **Dr Colin Millard** (Senior Lecturer in Public Health, Queen Mary University of London)

12:15 Lunch

Botanical, Pharmacological and Sustainability Issues

14:15 *Sowa Rigpa Formulas – important aspects of substitution and sustainability of medicinal plants in Ladakh*
– **Dr Padma Gurmet**, National Research Institute for Sowa Rigpa, Ladakh

14:45 *'Commensurating Plant Identities in Sowa Rigpa: the issue of botanical identification'*
– **Jan van der Valk**, PhD candidate, University of Kent

15:15 Tea break

15:45 Padma Nervotonin (Srog 'zin 10) – an example of regulatory challenges in Europe and how to find an interface with modern science
– **Dr Herbert Schwabl** - CEO Padma Ltd, Switzerland and **Dr Cecile Vennos** - head of regulatory & medical scientific affairs, Padma Ltd, Switzerland

16:15 *The Buddha Garden Project – Potentials for the Sustainability of Himalayan Plants* (garden exhibition at Landesgartenschau Landau, Germany, April 17 to October 18, 2015)
– **Torsten Gründlich** (Anna Elisabeth Bach, Stiftung Sowa Rigpa and the Himalaya Project)

16:45 Tea break

17:00 **Round Table Discussion II**
– Commentary and Chair: **Dr Ronit Tlalim**, Wellcome Trust Research Scholar, Senior Lecturer, Goldsmith College London

18:00 Dinner

Sunday, May 10

Chinese Medical Formulas – a comparison

- 8:45-9:30** (meeting at New Cavendish Street 115, in front of University of Westminster building/ if it rains, inside entrance hall)
Introducing the TCM dispensary at the University of Westminster – Chinese herbal medicine in the UK
– **Dr Alan Treharne/ Michael Potter** , Lecturer, MSc Chinese Herbal Medicine; University of Westminster; UK policies for TCM; University of Westminster
- 10:00** (back in Cayley Room 152, 309 Regent Street) *Methodologies of Collecting Data on Minority Medicine in China - a critical analysis*
– **Dr Lena Springer**, Wellcome Trust Research Fellow, 'Beyond Tradition' Collaborative Research Project, University of Westminster; Sinologist, anthropologist
- 10:15 Tea break
- 10:30 *Creating a Botanical Reference Collection for materia medica - Kew's experience with Chinese Herbs*
– **Christine Leon**, Research Scientist in Chinese Medicinal Plants/ Economic Botany, Royal Botanic Gardens, Kew, London; member of Expert Advisory Group - Herbal and Complementary Medicines (EAG-HCM), UK
- 11:00 *A Comprehensive Database of Traditional Chinese Medicine*
– **Dr David Barlow**, Institute of Pharmaceutical Science King's College London and Shanghai Institute of Material Medica (SIMM)
- 11:30 Tea break
- 11:45 *Mapping Drugs across Time and Space in Chinese Sources - a future database project*
– **Dr Michael Stanley-Baker**, Max-Planck Institute for the History of Science, Department III, Berlin
- 12:15 **Round Table Discussion IV: Developing a multi-disciplinary and multilingual digital knowledge base on Tibetan formulas – potentials for cooperation in the future**
– Commentator and Chair: **Prof Annie Bligh**, Head of Department of Life Sciences, Head of Department of Life Sciences, Faculty of Science and Technology, leader for research cooperations with China, University of Westminster
- 13:00 Lunch
- 15:00 Afternoon Excursion** (15 participants max.) to Royal Kew Gardens, London, with Christine Leon